

## Home Temperature Checks Strongly Encouraged to Prevent Spread of COVID-19

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Taking your temperature can help determine if you're fighting an illness like influenza or COVID-19.

To help protect the health and safety of our workers and their families, employees are strongly encouraged to take their temperature at home prior to leaving for work, with the following instructions:

If their temperature is:

- Below 100.4 degrees, proceed to work as usual.
- **At or above 100.4 degrees, stay home** and contact your supervisor or your local HR representative, and follow up with your primary care physician.

Please remember that fever is not the only symptom that could indicate a serious respiratory illness like COVID-19. Any employee who has experienced a fever (100.4°F or higher), cough, chills, sore throat, shortness of breath, headache, or other symptoms indicative of COVID-19 within the last 24-48 hours **should stay home**. Then, contact their supervisor or local HR representative, and follow up with their primary care physician.

We're also working to implement a plan that gives employees the additional option to obtain a company-provided temperature check upon arriving at work if they are unable to self-check their temperature at home. This procedure will begin when the company has obtained the necessary supplies. Until then, employees should continue temperature self-checks before reporting to work.

A similar policy is being developed for contractors to ensure they are held to the same standard.

Continue to check the *FirstEnergy Today* portal for any updates. Visit the Corporate Health & Safety SharePoint site or [MyFirstRewards.com](https://www.firstenergycorp.com/myfirstrewards) for the latest COVID-19 information. And **please print and post this important information for employees who do not access the portal routinely.**