

## Support Is Available

Mar 24, 2020



As the coronavirus (COVID-19) public health emergency has evolved, there has been a great deal of focus on physical health and safety, but it's also important to be aware of other ways our families may be impacted during this crisis.

FirstEnergy partners with Beacon Health Options to offer the Life Resources Employee Assistance Program (EAP). This is a free program that provides resources to assist all FirstEnergy employees – including their household members – with finding solutions to issues that may affect their life at home or work.

Beacon Health offers many free resources to you and your household members in the form of counseling (including unlimited video counseling), webinars and articles. In addition to resources related to COVID-19, Beacon Health can provide support with other challenges that may arise during this time such as stress, marital or family conflicts, caregiving, elder and childcare concerns, legal and financial issues and much more.

Beacon Health has created a [Coronavirus \(COVID-19\) Resources page](#) on our Life Resources EAP website. This site shares information about COVID-19 and provides links to resources, educational materials and recorded webinars from the World Health Organization and Centers for Disease Control on COVID-19 topics.

Contact the EAP at 888-745-0714 or visit the [Life Resources EAP website](#) for more information.

### Learn more

- [Life Resources EAP services during the Coronavirus Outbreak](#)
- [Life Resources Employee Assistance Program \(EAP\)](#)
- [Learn more about resources available through Beacon Health.](#)
- Contact the EAP at 888-745-0714